

WEIGHT LOSS

Pharmaceutical assisted weight loss for new starters

Pre-treatment assesment (note 1):

- Visual acuity incl. funduscopy
- HbA1c (to exclude diabetes)
- Exclusion of mental health disease in last 24 months (including stress related disorder)
- Exclusion of thyroid or pancreatic disease history.
- Only Laraglutide and Semeglutide approved

Inform of GROUNDING 4 weeks

Send UNFIT Notification to CAA

AME Assess condition Side effects? (note 3)

Continue treatment?

FIT 2 weeks after any symptoms subsided

Send FIT Notification to CAA

IMPORTANT
If dose increment then UNFIT for 5 days. FIT if no side effects (review by AME must be documented).

Treatment is continued for > 4 weeks and no side effect noted.

- AME assess condition
- Visual acuity incl. funduscopy
- Review medical journal
- DCARA Weight loss form and limitation statement completed and signed (note 4)

AME to issue Medical Certificate with:

- OML / OSL / MCL (note 5)
- SSL (Note 6)

Send to CAA copy of

- 1) Signed Medical Certificate
- 2) Signed WEIGHT LOSS limitation form to CAA (note 7)

Treatment discontinued > 2 weeks?

AME to issue Medical Certificate without limitations (note 8)

Medicine used for > 6 months?

- AME assess condition
- Visual acuity incl. funduscopy
- Review medical journal
- DCARA Weight loss form with request for removal of limitation statement completed and signed (note 4)

AME to issue Medical Certificate without OML/OSL/MCL limitation (SSL is unchanged) (note 8).

Send to CAA copy of

- 1) Signed Medical Certificate
- 2) Signed WEIGHT LOSS limitation removal form to CAA (note 7).

Treatment discontinued > 2 weeks?

- NOTES**
- (1) This guide only for applicants that have not started pharmaceutical assisted weight loss.
 - (2) The condition can be assessed with minimum 2 weeks intervals.
 - (3) If medication discontinued before the first 4-weeks period. FIT notification can be issued after 2 week without any side effects.
 - (4) **USE ONLY DEDICATED CAA DK FORM**
 - (5) According to Class. Note Class 3 will have SSL: Cannot work alone.
 - (6) Copy of all medical records to AME / For Class 3 SSL wording must also include: Cannot work alone
 - (7) According to Class referred/Consultation. For LAPL/CC send as FIT Notification.
 - (8) If limitations has been issued due to other reasons, Do not remove. For Class 3 remove only "cannot work alone"